# NE Region HHI Monthly Report September 2015

### Clay Co

- Distributed Act 811 cards to Corning School District and educated them in great lengths on the harms of smoking around children and devised a plan on how to get the cards home to parents. CPR Training was also provided today for Clay County nurses with approximately 5 attendees.
- 3 Presentations were made to the Child Development Center in Corning to students on the "Go, Slow, and Whoa" program. These topics were: Healthy Foods/Physical Activity/Oral Education/Immunizations & Act 811. Approximately 35 students were in attendance.
- Emerging Tobacco Products were shared with approximately 17 staff members at the Corning Child Development Center. Education highlights were focused on Dissolvable Tobacco Products/E-Cigs/Vape Juices & Its' Ingredients and Tobacco Harms to the Body.
- Education was provided to the Paragould High School on Obesity Prevention Education which included risk factors as well with approximately 3 in attendance.

## **Cleburne Co**

• Cleburne County sponsored a day of learning and fun for their community and their school aged children (K-6<sup>th</sup> grades). Over 600 students were bussed in to the fair grounds and attended education sessions on various Injury Prevention that included the following topics: Difference in drugs vs. Candies/The Dangers of Accidental Overdose of common OTC Medicines & Vitamins/Dangers of Household Cleaners – confused with food & drinks/Education on Act 811/Tobacco Harms. Children received Poison Control Magnets and participated in the Tobacco Spin Education Board games.

# Craighead Co

- Presentations were made to Bay High School students with approximately 14 attending. Topics that were covered were: Family Planning-Teens/STD/HIV/Tobacco Harms/Alcohol Prevention & its Harmful Effects. Students were informed on all the services that we provide and confidentiality protocol.
- A presentation was made to approximately 15 Home Health Aides about Nutrition Education/Physical Activity and drinking water.
- Education on Act 811/Nutrition/Physical Activity and Immunizations was shared with Arkansas Early Learning Head Start Center. There were approximately 3 attendees.
- A Health and Wellness Fair was held at Nettleton Middle School where blood pressure checks were provided along with information on the "Dangers of Smoking" and "Tobacco Cessation".
- Education was provided on BMI/Cholesterol/Weight & Blood Sugar/Dangers of Tobacco and Tobacco Cessation at a Health and Wellness Fair sponsored by the University Heights School.
- A cooperative agreement was signed with CAPCA Head Start to provide health education to the classroom as often as possible, be available as a presenter and as a resource at least once a year per center for their monthly Parent Meeting, and provide monthly displays for the parent rooms.

#### **Crittenden Co**

- Presentations were made in 3 separate groups totaling approximately 683 students at Wynne High School on the following topics: Act 811/Tobacco Harms/Secondhand Smoke/Cessation/Smokeless Tobacco/E-Cigs/SOS Quitline. Tobacco Spin Board was used in education and health screenings were completed.
- A presentation was made to Ingram Court Senior Center in West Memphis on Injury Prevention –
  specifically falls and the "Dangers of Tobacco". Other topics covered were: Nutrition/Physical
  Activity.
- Education was provided to the residents of Ecumenical Village Senior Center in West Memphis on Injury Prevention specifically falls/Nutrition/Physical Activity & the Dangers of Tobacco.
- Presentations to 3 separate classes were made to Marion Middle School to teach proper hygiene. The participants also participated in a hygiene game.

### **Cross Co**

**Fulton Co** 

## **Greene Co**

• Education was provided to the Paragould High School on Obesity Prevention Education which included risk factors as well with approximately 3 in attendance.

#### **Independence Co**

• Shaken Baby Syndrome and Understanding the Drug & Alcohol Affected Infant presentations were made at the Childcare Aware Fall Conference in Batesville.

## **Izard Co**

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# **Jackson County**

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# **Lawrence Co**

- A presentation was made to 3 area school districts that included attendees from Clay, Greene, and Lawrence on the "Harms of Tobacco". Mandatory Scoliosis Training for school nurses was also included in today's agenda with approximately 15 attending.
- Education was provided on Injury Prevention specifically "Teen Suicide Training" to area school districts in attendance that included Clay, Jackson, and Greene counties. Approximately 20 were in attendance.
- The Lifelines, Making Educators Partners Suicide Awareness Presentation was made to 19 school and health officials at the NEA Education Co-op. Attendees were educated on the signs of suicidal behavior in students and how to be resourceful when reaching out to these teenagers.

## Mississippi Co

• The Great River Medical Center of Blytheville hosted a health fair in which blood pressure checks were performed for participants along with education provided on stroke/dangers of smoking and smoking cessation.

## **Poinsett Co**

 Education was provided to the new school nurses at Crowley's Ridge Co-op on Tobacco and Injury Prevention. Training in Hearing and Vision Screening was also provided with approximately 6 attendees.

### Randolph Co

• Educated approximately 30 attendees at Maynard School on the "Harms of Tobacco" related to the heart and lungs. Other topics covered: Dangers of "Shaken Baby Syndrome" and checking for responses along with CPR Training.

#### Sharp Co

- Provided 8 sessions on "Matter of Balance" training for residents of the Peace Lutheran Church of Cherokee Village. Presented information on Injury Prevention that covered the fear of falling/safeguard their environment/Exercises that promote strengthening, flexibility, and balance. Approximately 9 were in attendance.
- A presentation was made to the Highland Head Start Program that featured, "Donnie the Dinosaur" Tobacco Trouble which educates on the harmful effects of tobacco and peer pressure among students. Activity books were shared with the students which reinforce what they learned from the video. Approximately 60 students and 6 adults were in attendance.

### **Stone Co**

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## White Co

• A presentation was made to 15 students and 3 adults at White County Head Start in Beebe on Dental Hygiene, where the children were able to see and examine Mr. Gross Mouth!

- Education was provided to the White County Head Start in Bald Knob on Dental Hygiene as well as information shared with the adults on the Tobacco Quitline and harms of Tobacco. Left Act 811 cards to share with their families. Approximately 15 were in attendance.
- Retired Federal Employees White County Chapter. Presented services provided by county health department and included ACT 811, Tobacco Prevention, Tobacco Cessation and SOS hotline. I person filled out a form and I faxed it to the hotline. There were 10 in attendance.
- White County GOP (Republican Party) Requested information on how their tax money was being used by the Health Department. Spent time on ACT 811, Tobacco Prevention and Tobacco Cessation. There were 30 in attendance.
- HHI Support Staff conducted training for White County Sheriff's Office Resource Officers on ACT 811.
- White County HIPPY Staff was educated on ACT 811 and the SOS Quitline and fax referrals.
- A cooperative agreement was signed with CAPCA Head Start to provide health education to the
  classroom as often as possible, be available as a presenter and as a resource at least once a year per
  center for their monthly Parent Meeting, and provide monthly displays for the parent rooms.